# REAL AND ALENS POINT

SUNDAY

MONDAY

TUESDAY

WEDNESDAY THURSDAY

FRIDAY

SATURDAY

SOCIAL MEDIA IDEAS

National Reconciliation Day Time for a little self-reflection. Is there anyone you should reach out and reconcile

with? Now could be a good time.

Good time to remind others of the incredible work done by nurses and other healthcare providers around the world and show appreciation especially now as we face COVID-19 all across the globe.

April is Stress Awareness Month and as such a good time to recognize the stresses that your customers and staff face, and

Have a contest to collect money for planting trees at a local park or shade-less place. Create a GoFundMe page – use social media to build awareness. Maybe match the total funds raised. Celebrate the outcome.

Have some fun with this. Spend the day answering all questions truthfully and ask

02

07

15

24

30

World Health Day

Stress Awareness Day

demonstrate empathy.

National Arbor Day

National Honesty Day

others to do the same.

29	30	31	01	02	03	04
			April Fools Day	National Reconciliation Day	Find a Rainbow Day	National Handmade Day
05	06	07	08	09	10	11
Gold Star Spouses Day		World Health Day		National Siblings Day	Good Friday	National Pet Day
12	13	14	<mark>15</mark>	16	17	18
Easter Sunday	Easter Monday	National Pecan Day	Stress Awareness Day		Get to Know your Customers Day	
19	20	21	22	23	24	25
			National Girl Scout Leader's Day		National Arbor Day	National Rebuilding Day
26	27	28	29	30	01	02
				National Honesty Day		

# **PROJECT IDEAS**

- Think long-term. You might find yourself with some spare capacity-plan ahead for this eventuality. This will be a good time to attack those important, but non-urgent projects. For example, updating your website to better reflect what you do, or reviewing your email marketing strategy and drip campaigns. Things will get better, be ready for that.
- Think about what you can do to help your staff (and customers) reduce stress in these uncertain times. Make calls, send cards, be there. Lead by example. Inspire your colleagues and employees by being optimistic but also realistic.
- Think about how to grow your relationships, then get ready for growing season by giving your customers lots of attention. Call former customers to check on how they are doing. In both cases, be encouraging and optimistic. You will get through this but, need to be sure you are doing everything you can, and help others do the same.

# **CONTENT IDEAS**

- Write or update your new contact introduction email sequence. Use recent project examples, introduce staff and management, and allow new contacts to learn why they would want to continue to receive emails from you.
- Write a blog post about how you and your team are reducing stress working from home. This is a great time to talk about personal habits like fitness routines, meditation, eating right, and other stress reducing strategies. Your audience will certainly relate and appreciate you sharing your ideas.
- Think about or share encouraging information or tips on social media. Take the time call your employees, just to find out how they are. Listen. Reassure, but be honest. Acknowledge the uncertainty and fears people may have, but strive to encourage and reassure.

### VALENS POINT

## **MONTHLY THEMES**

2020